

## Annexure I

Questionnaire for Ph.D Investigation on Food security and the pattern of consumption of food by rural women in Assam: *A case study of Kamrup (Rural), Lakhimpur and Cachar district*

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1. Name:
2. Age : a) 18-30 (years)  
b) 31-50 (years)  
c) 51 and above (years)
3. Marital Status : a) married b) unmarried
4. Educational qualification: a) without access to formal education  
b) upto class 5  
c) upto class 10  
d) HSLC  
e) HS  
f) above HS
5. Number of members in your family :
6. Number of children you have :
7. Husband's occupation : a) farming  
b) business  
c) service  
d) other
8. How many earners do you have in your family? :
9. Do you earn? : a) yes b) no
10. Your family's monthly income : a) less than 5,000 (in rs)

- b) less than 10,000 (inrs)
- c) 10,000 – 20,000 (in rs)
- d) above 20,000 (in rs)

11. Your family's monthly expenditure :

12. Monthly expenditure on food in your family : a) less than 2,000 (in rs)
- b) 2,000 -3,000 (in rs)
  - c) 3,000 – 5,000 (in rs)
  - d)above 5,000 (in rs)

13. Types of activities you perform daily other than household activities :

14. How many hours do you spend daily in performing household activities? :

15. Do you participate in farm activities? :

16. Do you yourself cook food daily? :

17. What are the items you usually cook? :

18. When you cook do you have an idea of nutrition fulfillment of the cooked food items?

- : a) yes    b) no

19. Do you eat last in your family? : a) yes    b) no

20. Do you always get sufficient amount of food to eat? : a) yes    b) no

21. Do you know about the proper diet for a woman? : a) yes    b) no

22. Do you know about the special food requirements of the expecting mothers? : a) yes

- b) no

23. Do you take rest for a while during the daytime? : a) yes    b) no

24. Do you have any health problem? : a) yes    b) no

25. Do you immediately visit hospital if you fell sick? : a) yes    b) no

26. If no then what you do ?

27. If you have money do you ever bought any food you like to eat? : a) yes

- b) no

28. What are the food items produced at home?

29. How do you participate in the production of home made items? :

30. Do you participate in decision-making in your family? : a) yes    b) no

31. Do you have savings account in any bank? : a) yes    b) no

32. Do you cook food in gas stoves? : a) yes      b) no
33. If no then how you cook food? :
34. Do you have access to clean drinking water? : a) yes      b) no
35. Do you know about the various food packages of government or other government schemes for women? : a) yes      b) no